

## The Sei-Ki Training | Calendar 2025/26

Overview of defined events for all participants.

(There will be additional events & meetings, as well as tasks for self-paced learning, reflection and development.)

MONTH	TIME + DURATION	EVENT	LOCATION	TEACHERS
<b>September '25</b>				
4-8 Sept.	Thurs pm to Mon pm 4+ days	<b>Residential Workshop (including Tutorials)</b>	Seminarzentrum Rieder alp (near Munich, Germany)	<b>Alice</b> Alexandra, Maria + assistants
19-20 Sept.	Fri pm + Sat am 7 hrs total	<b>Module 1</b>	Online	Alice & team
24 Sept.	Wed evening 90 min	<b>Book Club 1</b>	Online	Alice & team
<b>October</b>				
15 Oct.	Wed evening 90 min	<b>Book Club 2</b>	Online	Alice & team
<b>November</b>				
5 Nov.	Wed evening 90 min	<b>Book Club 3</b>	Online	Alice & team
<b>December</b>		No events / break		

MONTH	TIME + DURATION	EVENT	LOCATION	TEACHERS
<b>January 2026</b>				
9-10 Jan.	Fri pm + Sat am 7 hrs total	<b>Module 2</b>	Online	Alice & team
14 Jan.	Wed evening 90 min	<b>Book Club 4</b>	Online	Alice & team
<b>February</b>				
6-10 Feb.	5 full days	<b>Workshop (including Tutorials)</b>	Vienna	Alexandra Fri-Sun Alice (+ Alexandra) Mon-Tues
18 Feb.	Wed evening 90 min	<b>Book Club 5</b>	Online	
<b>March</b>				
20-21 March	Fri pm + Sat am 7 hrs total	<b>Module 3</b>	Online	Alice & team
25 March	Wed evening 90 min	<b>Book Club 6</b>	Online	
<b>April</b>		No events / Break		
<b>May</b>				
6 May	Wed evening 90 min	<b>Book Club 7</b>	Online	Alice & team

MONTH	TIME + DURATION	EVENT	LOCATION	TEACHERS
22-23 May	Fri pm + Sat am 7 hrs total	<b>Module 4</b>	Online	Alice & team
<b>June</b>				
10 June	Wed evening 90 min	<b>Book Club 8</b>	Online	Alice & team
18-23 June	Thurs pm to Mon pm 4+ days	<b>Residential Workshop (including Tutorials)</b>	BergZendo Hohe Wand (near Vienna, Austria)	<b>Alice</b> Alexandra, Maria + assistants
30 June	Wed pm 2.5 hours	<b>End of Year Review</b>	Online	Alice & team

#### **Additional events & meetings:**

- 3 Online supervision meetings in small groups
- Peer group meetings (online or, if you are close to each other, in person)
- Katsugen Undō practice sessions (online)
- Hara training exercise sessions (online)

#### **Self-paced learning, reflection and development**

- Access to the Sei-Ki Hub online library (audio, video, written material)
- Continuous self-reflection (journaling)
- Optional 1:1 mentoring and supervision support (not included in total fee)